



826 BUSTLETON PIKE, UNIT 101 A
FEASTERVILLE, PA 19053
215-305-8206

LASER HAIR REMOVAL PATIENT INSTRUCTIONS PRE-TREATMENT INSTRUCTIONS:

1. Avoid the sun 1 to 2 weeks before and after treatment. Irritated skin may be more susceptible to injury.
2. Please let us know of any topical medications or skin care products that you use as we may ask you to stop these 3 to 5 days prior to treatment.
3. You **MUST** avoid bleaching, plucking or waxing hair for 4 to 6 weeks prior to treatment. The melanin-containing hair must be present in the follicles as it is the "target" for the laser light.
4. If you have a history of peri-oral or genital herpes simplex, please let us know, as we may recommend prophylactic antiviral therapy.
5. **RECENTLY TANNED SKIN CANNOT BE TREATED!** If treated within one week for active (natural sunlight or tanning booth) tanning, you may develop hypopigmentation (white spots) after treatment and this may not clear for two to three months or longer.
6. **Please shave the area that is to be lasered as close to the time of your appointment as possible.**

LASER HAIR REMOVAL PATIENT INSTRUCTIONS POST-TREATMENT INSTRUCTIONS:

1. Immediately after treatment there should be erythema (redness) and edema (swelling) of each hair follicle in the treatment site. The erythema may last up to 2 to 3 days. The treated area will feel like sunburn for a few hours after treatment.
2. A topical soothing skin care product, such as Aloe Vera gel may be applied following treatment if desired.
3. Makeup may be used immediately after the treatment as long as the skin is not irritated.
4. Avoid sun exposure to reduce the chance of hyper-pigmentation (darker pigmentation). Use a sunblock (SPF 30+) at all times throughout the course of treatment.
5. Avoid picking or scratching the treated skin. Do not use any other hair removal treatment products or similar treatment (waxing, electrolysis or tweezing) that will disturb the hair follicle in the treatment area for 4 to 6 weeks after the laser treatment is performed. Shaving is the preferred method.



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6. **Anywhere from 10 to 21 days after the treatment, shedding of the treated hair may occur and this appears as new hair growth. This is NOT new hair growth. You can clean and remove the hair by washing or wiping the area with a wet cloth or sponge.**
7. **After the underarms are treated, you may wish to use a powder instead of a deodorant for 24 hours.**
8. There are no restrictions on bathing except to treat the skin gently, as if you had sunburn, for the first 24 hours.
9. **Hair growth occurs at different rates on different areas of the body. You may make an appointment for a follow up treatment in 4 to 6 weeks for face, underarms or torso, including bikini treatment and 2 to 3 months for the lower body.**